February

NO BOOZE NEWS

2020

East Valley
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Get Published!

Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org

Memoirs of a Former Puppet

From the February 1984 Grapevine.

UNTIL I STARTED working our AA program four years ago, I probably set myself up to be used. In my omnipotent wisdom, I would decide for my family, the people I loved, just what it was they needed or wanted. I knew when it was time for my younger sisters to choose careers, and I "counseled" them until

Quote of the Month

"For so long as we shall humbly meditate. . .upon our great yesterdays, just so long will God grant us our vision of tomorrow."

-- Bill W.

they made decisions. I chose the time and place for my divorced sister, raising two children, to buy her first house, and "guided" her into that move.

Whether or not my verdicts worked for the people I loved, I expected gratitude and much more from them. When their praise did not meet what I believed was appropriate, I was disappointed, hurt, even resentful. When my playing God backfired, I often turned into an angry child.

Hard work in our simple program gave me the insight to know that I need approval only from my Higher Power. What a relief! I don't have to be all-knowing, brave, and strong. I can still give and do for people I love, but now without caring whether they take it or leave it, say thanks or just accept it quietly. I don't hang on their every word and wait for the big recognition ceremony I used to fantasize. I do because I want to do, because I can do, because it makes me happy. And often, I wait until I am *asked* for help--a big step for me.

Once, I felt they had me on strings, to manipulate me and use me. (Remember, I had asked for it--they probably thought they were doing me a favor.) Not only have I broken those strings, but I have given my loved ones breathing space. I now send out a new message to them: "Do anything you want to do. If you need me to lend you a hand, pat you on the back, or sit and talk, just ask--I love you and am here." I no longer see puzzlement on my sons' faces or get a silent "What now?" response from my husband.

Only God has the power to approve of my actions. When I am unsure of something, I say to my Higher Power, "What's my next move?" And I wait for his answer. My impulsive, headstrong behavior has slowed down, sometimes even faded away.

Just last Tuesday, at our Step meeting, it occurred to me that I was with a group of people seriously and honestly working on personal growth. We take turns reading from *Twelve Steps and Twelve Traditions*, break up into smaller units of about six people, and share with one another what that particular Step has meant to us and what we need to have it do for us now.

We make statements, ask questions, listen, and comment when it is our turn to do so. No one is shocked, critical, or unkind about what the other person expresses. And each of us is there for the same reason: We want to be there; we want to grow; and we want the best for the other folks there. No one makes us do extra work. No one asks us to commit ourselves on contro-

versial subjects. And there is no big (or small) bill at the end of the session. We can express our opinions concerning our efforts to stay sober, and we can donate money and/or energy.

It's freedom at its best, and all sorts of good things come as extra dividends. By working the Steps, we discover the deep, underlying problems at the core of our own behavior, and we learn what kinds of feelings that behavior stirs up. We decide whether those sensations are the old, immature ones that led us into our sick drinking and if so, how we can alter that conduct. If we aren't sure, there are always others who can tell us how *they* handled a similar dilemma--not what *we* must do. That's up to us. The buck stops with us, and we have a Higher Power helping us handle it.

Many times, it occurs to me that I am blessed. God gave me both a serious, lifetime illness and a way to recover from it. All I have to do is follow the principles of AA--a truly spiritual program with the right answers. Simple, proven Steps are being looked at, worked, and shared all over the valley where I live, and I know I am welcome at any meeting--with no strings attached!

-- A. B.Phoenix, Arizona

Jail Visit

I can tell my own story of how it was, and then the laugh's on me

From the February 1974 Grapevine.

SO THE GUY'S in this cell and there's soda-pop cans on the concrete floor. The bare John is over next to the wall. The guy's T-shirt is kinda crummy, but his hair is combed. He's nervous. He's calling me "sir," and I'm just in clean jeans and an open-necked shirt. The other caller with me--Bill--is sitting on the bed with the recovering drunk, and I'm squatting against the wall and my legs are getting cramped, so I slip to the floor and sit up against the wall.

This drunk's eyes show he's hurting, hurting bad, and I want to put my arm around him and tell him it's all right. But I don't. I know that's the last thing I want to show this guy openly. I've got to get it to him without him knowing it--that I care. I've got to save his pride. He may learn to lose it if he ever gets the program, but he needs his pride now to get him by, get him past this time when he's on the edge of going to pieces like a shorted dynamo spinning faster and faster and faster until everything flies out of it, all the soldering that's holding it together, and then the big pieces.

"Humility, after the first shock, is a cheerful virtue." So how can I get this guy to laugh at himself? I can't, but I can tell my own story of how it was at first, and then the laugh's on me. It's so funny to lose your mind. I look up at the ceiling and mention that I don't see any footprints. He gives a short--very short--laugh, saying there should be footprints up there.

We tell each other about our crazy driving. He remembers wondering how the staff of a road sign got into the cab of his pickup, right through his windshield and stuck into the metal alongside his head. He must have been going kind of fast. Bill and I agree with him, but without sympathy, just mentioning that windshields are expensive to replace these days. We all three agree a thing like that can sure get into your drinking money.

The guy is wide-eyed and overflowing with gratitude, because we came in to see him. He wants to buy us a soda as we're leaving, but we say, "No thanks. We just had dinner." There's surprise on the guy's face. There's a light in his eyes that seems to have brought them a hit out of the depths of their sockets. Maybe that light is hope--hope that there's a way out after all.

Page 3	3
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Words From the Big Book

Lack of power, that was our dilemma. We had to find a power by which we could live, and it had to be a Power greater than ourselves. Obviously. But where and how were we to find this Power?

Well, that's exactly what this book is about. Its main object is to enable you to find a Power greater than yourself which will solve your problem. That means we have written a book which we believe to be spiritual as well as moral. And it means, of course, that we are going to talk about God. Here difficulty arises with agnostics. Many times we talk to a new man and watch his hope rise as we discuss his alcoholic problems and explain our fellowship. But his face falls when we speak of spiritual matters, especially when we mention God, for we have re-opened a subject which our man thought he had neatly evaded or entirely ignored.

- PG 45

Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers.

We are still in need of more volunteers for the 12th Step call list. Finding someone willing and available to do a 12th Step call can sometimes be very challenging, If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic who still suffers, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible.

- 				
EAST VALLEY INTERGROUP — Gratitude With Service form revised 2/09				
Return to: 1320 E. Broadway Rd., Suite 105 Mesa, AZ 85204				
(480) 827-1905 e-maik info@aamesaaz.org www.aamesaaz.org				
Date *First Name	Last			
Address	*Phone			
 *City *\$T	*Zip *Gender			
*Sobriety Date Home Group				
	e-mail address Alt Phone			
* = required for listin	ng in 12 th Step List			
[] No Booze News Subscription / Renewal	(\$12.00 annual subscription fee enclosed)			
Volunteer Service Options Committees of Interest				
Check only those you are willing to commit time to Check only those you are willing to serve on				
12 th Step List Volunteer Phones Night & Weekend	[] Public Information / Cooperation with the			
[] Weeknights [] Weekends	Professional Community			
[] Weekends [] Weeknights	[] Special Events			
[] Weekdays	[] Literature			
	[] Newsletter (No Booze News)			
[] Office Phone Volunteer	[] Unity Committee			
[] Other Office Help				
L	L			



ROUNDUPS, CAMPOUTS AND CONFERENCES

SUNLIGHT OF THE SPIRIT

FEBRUARY 21 ~ 23, 2020 1440 W DESERT HILLS DR. YUMA AZ (YUMA CIVIC CENTER)





Meal and a Message

Saturday, April 25th

Doors Open At 5:30pm

Speaker At 7:30pm

1525 N Power Rd. Mesa

(Love Of Christ Lutheran Church)

Area 03 Corrections Conference

March 20 -21, 2020 9502 W Hutton Dr. Sun City AZ. \$18 Registration

PRASA

(Pacific Region Alcoholics Anonymous Service Assembly)

Save the Date

March 6 - 8, 2020

Tucson AZ

EVI 41th Anniversary

"2020 A Vision For You" Spring Fling

Dinner and Speaker Saturday, March 14th, 2018

> Doors Open At 5:30pm Dinner At 6:15pm Speaker At 8:00pm

2716 N Dobson Rd. Chandler
(St Katherine Greek Orthodox Church)
Tickets not available at the door.
See your EVI rep or
stop by the office for tickets, \$20 each.

-Service Opportunities are Available-

Monthly Campfire Meeting

Last Saturday of the Month @7:30pm 2757 E Guadalupe Rd. Gilbert AZ

Riparian Preserve and Water Park (take Cattail Crawl Trail to



2020 Alcoholics Anonymous International Convention

July 2nd - 5th

Detroit MI

Online registration is now open

Housing is still available

More information is available at

aa.org

Sobriety Anniversaries

Name	Date	Days
Judy A		16071
Donna H	2/4/1981	14244
Stephen P	2/21/1982	13879
Wayne S		
Pat W	2/2/1985	12783
Kathy K		
Monica G	2/23/1990	10957
Mathew D		
Jan L		
Rob W		
Brian G		
Buddy M		
Bev M		
Linda S		
Rosemarie R		
Fred R		
Robert B	2/14/2001	6939
Phil H		
Steve S.		
Frank G		
Chera Y		
Mindy B		
Judy K	2/20/2005 2/11/2006	5470 5112
Jason T		
Michael K		
Tyler K		
Lauren K		
Jason C	2/17/2009	4017
Alex B		
Kirsten J		
Mathew D	2/5/2010	3052
Joel (JJ) G		
Mathew F.	2/18/2010	3052
Devran B		
Norman H	2/11/2012	2922
Brad B	2/21/2012	2922
Dewey D	2/22/2012	2922
Scott H	2/10/2014	2191
Jerry T		
John K		
Mike J		
Delia S		
Chad C		
Barbara E		
Debbie R		
Troy D	2/21/2018	730



Things We Can Not Change

Fred T. a long time member of the East Does It Group has passed from this world.

His life and sobriety touched many and hewill be missed.

<u>Step Two</u>~ Came to believe that a Power greater than ourselves could restore us to

sanity.

<u>Tradition Two</u>~ For our group purpose there is but one ultimate authority—a loving God as

He may express Himself in our group conscience. Our leaders are but

trusted servants; they do not govern.

<u>Concept Two</u> \sim The General Service Conference of A.A. has become, for nearly every

practical purpose, the active voice and the effective conscience of our whole Society

in its world affairs.

At Wits End

HEARD AT MEETINGS

"I heard this from an old-timer: 'When God builds character, he takes his time.'"

-- Beau B. Tucson, Arizona

EARLY IN RECOVERY, a mother took her six-year-old son to visit a friend at work. As one of the employees went to make coffee, her son followed her and asked, "What are you doing?"

"I'm making your mom's favorite drink," she answered.

"Wow!" said the son. "You know how to make beer?"

-- Terry B.

A DRUNK AND ANNOYED PASSENGER called for the plane's flight attendant and demanded that the three children loudly cavorting in the row in front of his be told to play outside.

-- Richard M.



Get Published!

Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org

PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

235 E Guadalupe Rd. Gilbert

(Gilbert Presbyterian Church)

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905

EVI Phone Workshop



Third Friday's at 6:15 pm Before the monthly business meeting at

2222 S Price Rd. Tempe (Church of the Epiphany)

Or

Workshops can be done at your Group!



For more information Call Beth H

EVI Sponsorship Workshop

10am the 1st Saturday of every other month

235 E Guadalupe Rd. Gilbert AZ

(Gilbert Presbyterian Church)

Contact: Jerry C.

HOST GROUP SCHEDULE

March 7th ~ TBD

Alcoholics Anonymous

EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting
1st Friday of the month
2222 S Price Rd. Tempe
(Church of the Epiphany)

contact: 480 827-1905

Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

2222 S Price Rd. Tempe

(Church of the Epiphany)

Contact 480 827-1905

Office Volunteers & EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific

times and days.



EVI Monthly Speaker Meeting

1st Friday of Every Month

Meeting Now At 7:30pm

2222 S Price Rd. Tempe

(Church of the Epiphany)

Feb. 7th ~ Women in Gratitude

March 6th ~Step By Step

These are subject to change - so keep watching.

Central Office Manager's Report December 20, 2019

Happy New Year. Welcome to all the new Intergroup Reps, Steering and Service Committee Members. Your Central office has started the year with the usual increase in activity. The phones are ringing more with curious and concerned looking for information about Alcoholics Anonymous.

In December we received 478 requests for information and assistance. Of those 131 calls were for meeting info, 136 were office visitors and 13 resulted in a good old fashioned 12 step call. The Google activity report was not available at the time of this printing but I hope to have it for the February newsletter. Our website stays busy too. It had 39,150 visits in the last 30 days.

AAWS has released the Big Book and Twelve Steps and Twelve Traditions in American Sign Language on DVD. We have some on order and should be available next week. We can order Big Books printed in any of the 67 languages that it has been translated into.

The new computer has been ordered and should be delivered in the next week. We will also be upgrading our router to boost the office Wi-Fi too. I have also been searching for a new office location. There are some possibilities being discussed but there is nothing definite at this time.

Please take some Gratitude With Service forms back to your Home Group and encourage members to sign up for these vital service positions. The holidays are here and it is our busiest time of the year for 12 step calls. Who knows what good may happen if we just answer the call. The life you save may be your own.

In the spirit of Tradition Eight, Love and Service Kim W. Central Office Manager East Valley Intergroup

EVI CENTRAL OFFICE ACTIVITY

	Dec	2019
Meeting Information Calls	131	1598
General Information	97	952
Referred to Salt River Intergro	oup 0	48
Referred to Al-Anon	12	134
Referred to Community Info	0	6
12th Step Calls	13	116
Business Calls	89	1051
Office Visitors	136	1737
Meeting lists printed	800	9,800
Info request via E-mail	65	620
Desk Volunteers-Reg/Sub/No	one	28/ 4/ 2
Desk Volunteers-Reg HRS YT	D	1676hrs

Web Stats

Website Visits last 30 days 39,150 YTD 534,714

Google Searches last 30 days 15,111

Meeting List Updates...

New Meetings:

No Big Deals 6400 W Del Rio St. Chandler FR 6:30a BB,O Livin Life 1050 W Superstition Blvd. Apache Junction WE 7:00p W,O The Society 9333 E Main St. Mesa FR & SA 10:00p O The Tribe 3208 S. Fair Lane, Tempe MO 6:30p W,O Tumbleweeds 901W Erie St. Chandler Starts Dec 8th SU 6:00p C

Changes:

Busted Ego 739 W Erie St. Chandler MO & TH now meeting at 7:00p The Way Out Moving Dec. 12 to: 1534 N Recker Rd. TH 7:00p C Valley Alano Club Moved to: 2310 N 56th St. Bldg A Phoenix - All Meetings

Deletions:

East Valley Intergroup 1320 E. Broadway Rd. # 105 Mesa, AZ 85204

General Service Office

PO Box 459, Grand Central Station

New York, NY 10163

Area 03 Treasurer ** NEW ** PO Box 3691 Gilbert AZ 85299 *Make Check To: AZ Area Committee* District 08-819 PO Box 594 Mesa, AZ 85211

District 08-820 PO Box 20404 Mesa, AZ 85277

District 08 (Maricopa County) PO Box 45066 Phoenix, AZ 85064

Valleywide H & I PO Box 80126 Phoenix, AZ 85060

Example of Group Contributions to A.A.

Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



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District 08-818 PO Box 12044 Tempe, AZ 85284

GROUP CONTRIBUTIONS



GROUP	Dec.	YTD
11th Step Candlelight		
2121 Beginner Workshop		
24 Hours A Day	\$40.00	\$40.00
417 Group		
A Vision For You Group ABC Group		
Abc Group		
Ahwatukee Nooners		
Ahwatukee Saturday Men's		
Ahwatukee Women's Group		
Arbor Daily Noon Group		
Atitude Adjustment Ahwatukee.		
Attitude Adjustment CG Attitude of Gratitude		
Basic II		= =
Bloopers		
Bootstrap Men's		
Both Books		\$137.50
Bottom of the Bottle		\$90.00
Breakfast Club		
Busted Ego		
By The Book		
Chandler Noon Group		
Chandler Women's Big Book Gr		
Cold Coffee Group		
Common Solution	\$170.00	\$170.00
Common Thread		
Copper Basin Group		
Courage To Change		
Depth and Weight East Valley Men's Stag		
East Valley Veterans		
Easy Does It Group		
Eye Opener Group	\$100.00	\$400.00
Family Recovery Group		\$50.00
Feelings & Solutions		
Fill in the Blank		
Firehouse Meeting Florence Group		
Friday Night BB, Step Study		
Friends Of Bill W		
Get It Together	\$663.58	\$3,402.86
Gilbert Gals		
Gilbert Group		
Gold Canyon 12 X 12 Group		
Good Ol' Back to Basics Grateful Dames		
Grateful Girlfriends		·
Gratitude Group		
Great Start		
Gut Level		\$287.48
Happy Hour @ Sunbird		
Keepin It Real Ladies		
Last Resort		
Life In The Big Book Livin Life		
Maricopa 12 X 12		
Maricopa Group		
Mid-Morning Group		\$200.00
Morning After Group		
Name In The Hat		
New Beginnings		
New Hope Group New Spirit Group		
New Spirit Group No Name AA Group		
Not A Glum Lot		
Opportunity Knocks		
Page A Day		\$1,645.15
Ī		

GROUP	Dec.	YTD
Pioneer Group		
Price Is Right		
Primary Purpose Group		
Prime Time		
Progress Rather Than Perfektion		
Putting God First Queen Creek Nooners		
Re-Awakening Group		
Remember When		
Renewed Spirit		-
Rising Spirit		
Road To Recovery	\$1,799.24	\$7,386.04
Rock Solid		
San Tan Men's		
Second Chance Group		
Seniors In Sobriety-Tempe disbanded		
Serenity At Six		
Shade Tree		-
Sobriety is Gold		
Sobriety is Gold		
Society Group		
Solutions Group		
Some Are Sicker Than Others		
Southeast Valley Stag		\$500.00
Spirited Women		\$620.19
Step By Step Group	\$121.06	\$592.43
Stepping Stones		
Sunday Afternoon Step		
Sunday Night BB Step Study		
Sun Lakes Women Serenity Seeker		
Sunland Serenity Seekers		
Sunset Group		
Tempe Group Tempe Nooners		
Tempe Sunrisers		
Tempe Young People		
The Library		
The Real Thing		
The Way Out Group	\$160.00	\$960.00
Thursday Night Step Group		
Tuesday Night Steppin Out		
Tuesday's Trudgers		
Tumbleweeds Group		
Upon Awakening		
We Ain't Dead Yet		
We Agnostics We Can Group		
Wednesday Night Step		
Wednesday Night Winners		
Welcome Home		
West Chandler Men's		
Who's Driving Your Bus?		\$0.00
Wolf Pack Group		\$50.00
Women in Gratitude		
Women in Solution		. ,
Women in Touch		
Wonder Women		
*Anonymous Groups		\$1,238.04
OTHER GROUPS/COMMITTEE		6401.04
Apache Lake Campout54th International Women's Conf		
Dist 08-818		
Dist 08-819		
ASCYPAA		*
Group Totals\$		
EVI Committees		
Individual Contributions		
GRAND TOTALS \$		
(*Group contribution with no group name lis		.,

BALANCE SHEET December 31, 2019

PROFIT & LOSS STATEMENT December 2019

Assets	
Current Assets	
Checking	4,392.92
Prudent Reserve (Savings)	33,402.79
Accounts Receivable	1,163.50
Inventory Asset Undeposited Funds	22,768.15 2,765.65
Fixed Assets	2,705.05
Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)
Total Assets	\$69,574.54
Liabilities & Equity	
Liabilities	
Accounts Payable	0.00
Visa Credit Card	1291.86
Payroll taxes	0.00
Total Liabilities	\$1,291.86
Total Liabilities Equity	\$1,291.86
	\$1,291.86 43,778.94
Equity	
Equity Opening Balance Equity	43,778.94

Total Liability & Equity

37 Group contributions totaling 4 Individual contributions totaling Intergroup Business Meeting &	\$6,697.75 \$496.70
Intergroup Business Meeting & Service Committee's 7th Tradition	\$89.00
Total Contributions	\$7,283.45
Total Income	\$16,470.62
Less total Cost Of Sales	\$3,363.83
Gross Profit	\$13,106.79
Less total Expenses of	\$9,968.50
Net Dec. Gain	\$3,138.29
YTD 2019 Gain	\$17,771.75

The current Prudent Reserve balance is \$33,402.79 The Prudent Reserve has been established for 2019 in the amount of \$24,825.87

Please call me with any questions or comments regarding the financial statements.

Grateful to be of service, Ron S. EVI Treasurer

Traditions Checklist

Tradition Two: For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

- 1. Do I criticize or do I trust and support my group officers, AA committees, and office workers? Newcomers? Old-timers?
- 2. Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsibility?
- 3. Do I look for credit in my AA jobs? Praise for my AA ideas?
- 4. Do I have to save face in group discussion, or can I yield in good spirit to the group conscience and work cheerfully along with it?
- 5. Although I have been sober a few years, am I still willing to serve my turn at AA chores?
- 6. In group discussions, do I sound off about matters on which I have no experience and little knowledge?

\$69,574.54

- 7. Am I as considerate of AA members as I want them to be of me?
- 8. Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
- 9. Do I go to enough AA meetings or read enough AA literature to really keep in touch?
- 10. Do I share with AA all of me, the bad and the good, accepting as well as giving the help of fellowship?

East Valley Intergroup Business Meeting Minutes

Jan 13, 2020

Meeting Opened at 7:05 PM by Tom with a moment of silence and serenity prayer.

12 Traditions ready by -Steven

INTRODUCTIONS: Welcome to all the new reps! Please sign in and if you are a new rep please drawn a line through the old reps information and write in yours.

Intergroup Representatives:

New Reps: Steven Common Thread men's, Sharon Stepping Stones, Michael East Valley Men's Stag, Noah Ahwatukee Men's, Paige Putting God First, Mary Ego Busters, Joey Step by Step, Randy ABC Group, Richard Easy Does It, Brenda Queen Creek, Thomas Bloopers, Regina Chandler Noon, Steven Cold Coffee Group, Ryan Great Start, Pam Life in the Big Book, Vicki New Spirit, Tom C. and Kyle (Alt.) Page a Day, Paige Progress Instead of Perfection, Brenda Reawaking Group, Mindy Society Meeting, Marna The Steps We Took, Ryan Basic II, Steven Dr.s Nightmare

Nancy Ahwatukee Womens Meeting, Arbor Daily Noon Group -Thom, Breakfast Club -JC, Grateful Dames -Mallory, Happy Hour @ Sun Bird -Rose, Men's Shade Tree Group -Don, Queen Creek Nooners -Brenda, Road to Recovery -George, Serenity Sisters -Ashley, Sobriety is Gold -Shari, Sometimes Quickly -Ashley, Southeast Valley Stag -Katelyn, Step by Step -Tom, Sunday Night Big Book -Dave, Sunset Group -Ken, Tumbleweeds -Troy, Welcome Home -Sandeep, Women in Gratitude -Deb,

Committee and other Trusted Servants: (NP = Not Present)

Service Posi- tion	Name	Service Position	Name	Service Posi- tion	Name
Chair	Tom N	Office Manager	Kim	H&I Liaison	1
V.Chair	NP	Chair- Special E.	Jay	Spanish Liai- son	Marge
Treasurer	Ron S.	Chair- PI/CPC	Tom (Alt)	Alanon Liai- son	Warren
Secretary	Gabi N.	Chair- Phones	Beth	DCM 08-818	Tearsa
Advisor- Special E.	Gary L.	Chair- Unity	-	DCM 08-819	Lois
Advisor- PI/CPC	Deana	Chair- Sponsor- ship	Jerry	DCM 08-820	Sherry Alt
Advisor- Phones	Larry S.	No Booze News	Rick		
Advisor- Unity	Barb	Literature	- d the year	rta profit and loa	

Secretary's Report: Gabi N., Report in Packet, New Reps-please sign in and update sheet on back table. If you are not receiving emails, then please check your email address to assure we have correct contact information. Typo in in recap of secretary's report from steering committee meeting, disregard the numbers and refer to treasurer's report. Tomexplained the business meeting minutes and where all the reports are in the packet for the new reps. Motion to Accept -Ken, Don – 2nd, all approved

Treasurer's Report: Ron S. - Report in

hal numbers on treasurer's report for new Explained the reports, profit and loss, and reps. Motion to Accept-Brian, Brenda 2nd- approved

7th Tradition: \$68

Chairperson's Report: Tom -Shout out to the Special Events committee for the inaugural New Year's Eve event! Thank you Jay and the whole special events committee! I want to welcome new reps, we are so happy to see how many new faces are here tonight! Please pick up a new rep packet and check out pamphlets, How to be a great intergroup rep. and how intergroup helps carry the AA message in the community.

Vice Chair's Report: Wesley. N/P

Office Manager: Kim - Report in Packet. If you need Big Books translated in other languages let us know and we can get almost any language for you. The new computer is ordered. Also going to get a faster internet connection. Looking for new office location still will keep you posted. Nothing is definite yet! Closed MLK Day. Next month will provide year-end report, take it back to your group to show them what we do here! If you need the intergroup to change something or do something then bring a motion from your home group to this meeting. You run this show and we are here to help!

STANDING COMMITTEE REPORTS

PI/CPC: Tom (Alt) - Report is in packet. We carry the message to the alcoholic who still suffers. PI/PCP explains what AA is to professionals and general public. We need volunteers, you don't have to do public speaking, we have lots of other things you can do behind the scenes. It's a fun commitment! Next meeting is Feb 3rd!

Special Events: Jay -New Year's Eve Dance and Dinner was a great success! Thank you Ken C. for stepping up and speaking. Monthly Speaker meeting is Jan 3rd good attendance. Feb 7th Women in Gratitude will be hosting at, Church of the Epiphany (this location). Business meeting is right before this meeting. 41st Anniversary Dinner 3/14/20 at St. Katherine's Greek in Chandler, we have tickets, posters and flyers. Pick up tickets to sell to your group! They will not be sold at door. Larry S. is sharing his experience, strength and hope. Your group can sign up to help, clip board will go around. We also need lots of volunteers for this event! Anyone can show up and help at the event as well!

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Business Meeting Minutes Continued

Phone Committee: Beth– We meet every month the third Friday at 6:15PM before this business meeting. 3 requirements to answer phones- 1 year, locale area code and have to attend the phone training which happens right before this meeting. We will come to your group to do phone training. We need people to sign up! If you do training, then it does not commit you to a monthly spot on the calendar. We appreciate your help!

We are trying a new app that doesn't require a local area code. Jerry-I think we should be careful about free apps that have a lot of advertising that my compromise personal information. Tom-we recognize this and thank you Larry that is a good point. We will continue to look into safe ways that will allow us to address the issue of having a local area code.

Unity Committee: Tom N. –Currently we do not have a current chair and are looking for someone to do it. (Tom explained duties and group). We need more involvement as well so if you are interested we would love to have you!

Sponsorship Workshop: Jerry – Workshops are on the odd months each year. Next one in March 7th. We need home groups to run the workshops! Let me know if our group can do it!

Newsletter Editor: N/P – We are always looking for local writers to submit stories. We do a have new section in the Newsletter called Meeting of the Month. Please write up 150-200 words with information about your meeting. Send submissions to info@aamesaaz.org.

Literature: Tom - we need a literature chair person, if you are interested let us know! (Explained position and duties)

LIASION REPORTS

Alanon Liaison: Warren. Flyers on table for events please take to your groups! We could also use volunteers as well so please see me if you are interested.

H&I Liaison: We need a new liaison! Please let us know if you are interested.

Spanish Liaison: Tom. Marge sent report it is on the last page of packet.

Zonypaa Liaison: Megan. Explained what Zonypaa is for new reps. Need volunteers for service!

Sub District 08-818: Tearsa. Had first meeting and lots of new GSRs. Workshops coming up for you will keep you posted. Doing review of by laws will keep you posted on that as well.

Sub District 08-819: Lois. If you don't have a GSR please attend our meeting! We are also review our by laws and will keep you posted.

Sub District 08-820: Sherry. Filling in for Dan. Dan will be out for a bit due to health reason please send prayers. Reported on upcoming events.

OLD BUSINESS: we are review P&Ps and will present in the next couple months.

NEW BUSINESS: none

ANNOUNCEMENTS: Tom- Get your Anniversary Dinner tickets from Jay on your way out! Update your information on the list before you go!

Group Problems & Solutions: none

Close Meeting: Motion to close - ALL!!

What's an AA Group?

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The group conscience of AA in the U.S. and Canada seems to have agreed upon six points that define an AA group:

- All members of a group are alcoholics, and all alcoholics are eligible for membership.
- 2) As a group, they are fully self-supporting.
- 3) A group's primary purpose is to help alcoholics recover through the Twelve Steps.
- 4) As a group, they have no outside affiliation.
- 5) As a group, they have no opinion on outside issues.
- 6) As a group, their public relations policy is based on attraction rather than promotion, and they maintain personal anonymity at the level of press, radio, TV, and film.

Twelve on 12 Page 12

Just Being There

Twelfth Step

From the March 1983 Grapevine.

ANYTHING BUT AA! That was my attitude in those last days of my drinking. The morning I finally surrendered, called central office, and drove to my first meeting, I had a feeling of self-imposed sentence. If only there was another way. All other disciplines had failed--this probably would, too--and I didn't think I would really get from the parking lot into the meeting room without changing my mind.

The little group gathered there that morning offered to love me back to health if I would let them. Could I? I tried to listen to the reading of "How It Works," but I could not comprehend much. My hands shook and my head throbbed. I was filled with remorse and humiliation, and I wanted a drink desperately.

Don't give me platitudes, I thought. It was too simplistic, too loaded with pat answers. How could they con themselves into believing this "one day at a time" business?

After a year of taking from the program of Alcoholics Anonymous, I felt I should do something in return. But I was afraid. In my morning prayers, I asked to be of help to others and to have the courage and strength to carry that out. From the time I came into AA, I had been told, "If you want to keep it, you must give it away." But how? I had fears. Occasionally, I would give my telephone number to a newcomer, then hope he wouldn't call.

Some people are naturals when it comes to helping others. They volunteer to go on Twelfth Step calls. They answer the phone for central office. They donate time in hospitals and institutions. I was gripped with a feeling of inadequacy.

My distorted idea of the Twelfth Step caused me to view it as requiring great valor. Saving others seemed an awesome responsibility. I was afraid to "get involved." Similar fears had been a dominant factor during my drinking. Anything needing courage didn't get done. I got drunk instead.

Sometime during my second year of sobriety, a friend and I were reminiscing. He recalled being present at my first meeting at our AA dub. "You helped me so much that morning," he said. "I remember how depressed I was and how you brought me out of it." Obviously, the guy was mistaken. I remembered that meeting, and I had not said a word. I had not wanted to be there that morning, and there was no way I could have helped anyone. I told him he had me confused with someone else.

"No," he replied with a smile. "You are the one who helped me. You were sick and scared, and you seemed lost. All I could think about was trying to reach out to you. It brought me out of myself, and I forgot my own problems."

I remembered. He had talked with me after the meeting, offered advice, suggested some reading in the Big Book, and given me his telephone number.

Finally, it dawned! I had actually "twelfth-stepped" someone without even being aware of it. The only thing I had done was be there. The Twelfth Step doesn't ask me to be perfect. It says we "tried" to carry the message. Sometimes, we try just by showing

-- H. D. Phoenix, Arizona

up.

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